	TRIAL COURSE	OR NEW COURSE PROPOSAL	
SUBMITTED BY:			
Department	RECR	College/School	CTC/CRCD
Prepared by	K Wilson	Phone	455-2808
Email	Kawilson3@alaska.edu	Faculty	Mahla Strohmaier

1 th - // ....

(44

	body movements. Students will gain an understanding of these principles and an ability to execute	
· · · · · · · · · · · · · · · · · · ·		
Y.,		
<u></u>		
*		
**		
15		
	)—————————————————————————————————————	
<u></u>		
<u> </u>	i	
1-		
. }		
` <del>7</del>		
, ,		
, <u> </u>		
F-01		

	No programs/departments will be affected by this course.
<b>-</b> - <b>-</b>	31 <u>. פספר דער אשראשורשנט דאוסארשנ</u>
FTT	Please specify positive and negative impacts on other courses, programs and departments resulting from the proposed action.  There are no negative impacts on any other programs. The addition of the course will only strengthen the
	RECR program.
	JUSTIFICATION FOR ACTION REQUESTED  The purpose of the department and campus-wide curriculum committees is to scrutinize course change and new course applications to make sure that the quality
19 Aure	
<u> </u>	
, ,	
1	
<u> </u>	
J.C. S. C.	
,	
=	
	this in your response. This section need so to be self-explanatory. Use as much
	space as needed to fully justify the proposed course.  Break Dancing is a very popular form of dance. Students have commented on the absence of Break
	Dancing in our Recreation Dance class offering. Break Dancing is also a great addition to the list of
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.
	courses offered to help with fitness, as it is quite athletic in nature.

### ADDITIONAL SIGNATURES: (If required)

ING MMM	Date 10/19/10
Signature, Chair, Program/Department of:	ATRE
Gul T Ye	Date /// 1/0
Signature, Chair, College/School Curriculu Council for:	CLA
Clinik Harman	Date 11-16-10
Signature, Dean, College/School of:	4

# **Beginning Break Dance** RECR F193P 1 Credit (pass/fail) Fall 2011

Instructor: JJ Laserna Email: jlaserna@alaska.edu Phone: 347-7878

Course Meeting Information:
Dates of instruction: Spring Ser

	Dates of instruction: Spring Semester 2010	U
4-		
_		
<u> </u>		
t 		
<u> </u>		
1		
· · ·		
- Service	Days and Times: TR 7:30	0- 9:00pm
_		
A F		
,		
-		
•		

#### **Tentative Course Calendar**

Week 1: Class orientation, basic information about Break Dancing

Week 2: Warm up drills, stretches, overview

Week 3: top rock
Week 4: down rock

Week 6: ending

Week 7: learn about mini-battles

Week 8: begin mini-battles

Week 9: foot work concepts

Week 10: continue foot work concepts

Week 11: begin work on freezes

Week 13: introduce final battle concept

Week 14: prepare for final battle

Week 15: final battle

Material is covered at a pace that comfortably challenges the majority of the students, so the course calendar above is subject to change as needed.

#### **Grading Criteria and Policies**

This is a pass/fail class. A student needs to comply with the attendance policy, complete the final battle, and earn 75 out of a possible 100 points to pass this course.

#### Breakdown of points

Attendance and Class Participation 80 Final battle 20

## Attendance/Class Participation:

In any dance class, attendance is essential for everyone's learning and for a cohesive group. Frequent absence, tardiness and non-participation in a partner dance class in particular are a major disruption that impedes the success of the class as a whole even if it does not affect you personally. As such a <u>maximum of 5 absences are allowed</u>. More than 5 absences is an automatic FAIL grade for the course.

	•
	VERY IMPORTANT: since this class will be focusing mainly on dancing (footwork, simple
	freezes), any kind of "power move" is prohibited. That means attempting to do head spins or wind mills or flairs or anything that can lead to serious injury. Doing a "power move" during
	class will result in automatic failure of the course
ka _	
=	
	<b>▼</b> □
-	- (-
	Students who need support services can go to the Student Assistance Area at the TVC Center at
	604 Barnett Street.
	Disabilities Services
- <del> </del>	TARLED 195 A 1 March 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
<u>,                                     </u>	
	•
	1
-	
- E,	
A, 18	
2,18	